



Doug Heir

Motivator & Educator

Some People Give Up When Devastation Strikes, But One Man Went On To Inspire The World.

Doug Heir for over the past thirty years, Doug has motivated, inspired, educated and helped millions of people throughout America and Worldwide. Doug has addressed every type of audience, from a small personalized group to an audience of tens of thousands of people. From young to old, from successful corporate leaders to aspiring college students, Doug has become famous worldwide for his powerful presentations

On Father's Day in 1978, Doug Heir, a six foot four inch, star athlete, was working as a lifeguard and heard a drowning boy screaming for help. Doug immediately responded to this call for help. In the process of the rescue, Doug broke his neck and sustained a spinal cord injury. It was later discovered the boy yelling for help was playing a joke. From that moment on, Doug worked hard to be the best he could be and within a short period of time, Doug rose above adversity and has achieved tremendous success. Doug lives independently, travels the World on his own, attends to all his own needs, drives his own vehicles, lifts over 400 pounds, and does more in one year, then most individuals would do in ten years. Doug's life is a profile on Life Styles of the Rich and Famous. He has two homes, one home that is over 12,000 square feet with an indoor swimming pool and 30 rooms, and the other home is on the Atlantic Ocean. Plus, Doug has all the typical amenities of a successful person, including a Rolls Royce, his personal limousine, and travels the World on a regular basis. Today, Doug has become one of the World's Most Successful People, helping, motivating, and inspiring millions of people Worldwide.

For the past twenty years, Doug has delivered speeches to millions of people throughout the World. In addition to speaking throughout the World, Doug is a successful Attorney (NJ & PA Bar), helping severely injured individuals & their families

Nationwide. Doug has co-authored a book on trial techniques & has written three other books: "Never Walk Alone", "What Do I Do Now-The Definitive Guide To Happiness & Success", & "The All In One Guide To Superior Business Skills & Personal Success". Doug is a former Syndicated Writer & Associate Legal Editor Of The National Trial Lawyer. He has been inducted into Who's Who In American Law, Who's Who In Practicing Attorneys, & Who's Who In The World. Doug has served as a United States Delegate helping Countries throughout the World improve their conditions & laws. Doug is the President of The National Spinal Cord Injury Association (NSCIA), helping hundreds of thousands of people with spinal cord injuries & the millions of family members that are impacted by injuries Nationwide.

In the World of Sports, Doug has earned the title numerous times in the 1-B Division as "The World's Greatest Wheelchair Athlete and as "The World's Strongest Wheelchair Athlete". Doug has been a 73 time National Champion, a 32 time Olympic, Paralympic, & World Champion. He has been the National. World. & Olympic Champion & Record Holder for over 22 years. Doug has already won over 320 Gold Medals. Amazingly, he has won 236 Gold Medals in a row, without a single defeat. Doug has won more Gold Medals than any man on Earth. Before Doug retires from sports, he will have won over 400 Gold Medals - an amazing milestone for history.

Doug has competed in the past 5 Olympic/Paralympic World Championships including 1984, 1988 in Seoul, South Korea, 1992 in Barcelona Spain, 1996 in Atlanta, and 2000 in Sydney, Australia. In Sydney, Doug had the great honor to compete in front of a crowd of 70,000 people, breaking the World an Olympic Record and bringing the Medals home to America. Doug was selected as the Captain of the 2000 U.S. Olympic/Paralympic Track and Field Team in Australia with the World's Greatest Athletes. His success at the 2000 Olympic/Paralympics makes him the only person in History to ever break the World and Olympic Record and win Medals in five consecutive Olympic/Paralympics. Doug continues to compete, winning gold medals and breaking new records. Doug will be a favorite to bring home the Gold Medals from the World and Olympic/Paralympics.

Among Doug's successes, CBS-TV acclaimed Doug as 'The World's Most Accomplished & Diversified Athlete'. NBC-TV acclaimed Doug's "The World's Most Decorated Athlete". Doug has one of the highest & rarest honors in the sporting world, as the featured cover athlete on millions of boxes of Wheaties cereal "The Breakfast Of Champions", joining history's greatest sports legends, including Michael Jordan, Babe Ruth, and Lou Gerhing. The Associated Press titled Doug as "America's Most Visible Wheelchair Athlete". The International Jaycees selected Doug from all the people in the World, as "The Outstanding Young Person of the World". From a selection of tens of millions of graduates in the United States, Doug was selected as "America's Distinguished Alumnus of the Year" by the Presidents of America's State Colleges & Universities.

For six years, Doug toured with the multi-million dollar Go For It tour, joining today's greatest athletes in professional sports, helping 2 million students throughout America. The "Go For It Road Show", is a multi-million dollar production, presented free to students.

Doug has received a Doctorate in Law Honoris, a Doctorate in Humanities Honoris & a Juris Doctor. Doug has been honored by American Presidents, World Leaders, the United Nations, Fortune 500 Companies, & a wide variety of Businesses, Associations, Civic Groups, Academia, Governments, & Foreign Countries. Doug serves on the International Board of Advisors of The Wheelchair Foundation providing tens of thousands of wheelchairs yearly, free to the poor throughout the World. Doug joins this Board with Kings and Queens, World Leaders, and Celebrities. including Mikhail Gorbachev, Nelson Mandela, Martha Sahagun Fox—First Lady of Mexico, and King Carlos and Queen Sofia of Spain.

Doug stars in a televised rock video & a two-hour motion picture is being planned about his life story. Doug exemplifies the words, strength, courage, & determination, renewing a sense of hope, pride, enthusiasm, & dignity to everyone he meets. As the United States President stated, Doug is a true living hero & a great champion of life to millions of people throughout the World. Doug Heir will be written in history books as a man that has made a significant impact throughout the World in improving the quality of life and in helping people be the best they can be.

Topics and Titles

Below Are 50 Of Doug's Most Popular Topics For Speeches And Seminars.

Doug Is Recognized As One Of The World's Greatest Professional Speakers And Motivators.

Over The Past 30 Years, Doug Has Delivered Speeches To Over 2 Million People. From The Largest Corporation To Schools, Doug's Messages Have Been Celebrated Throughout The World, Changing And Motivating People Forever.

50 Of Doug's Most Popular Presentation Topics (Select Individually Or Combine Any Topics)

1. How To Be The Very Best You Can Be
2. No More Excuse - It's Time to Change For The Better
3. If It Is To Be - It Will Be Up To Me
4. If I Can Believe It - I Can Achieve It
5. How To Get What You Really Want
6. Learning How To Make Every Day Count - Being More Productive
7. How To Improve The Quality Of Your Life
8. Learning How To Be A Winner In Life
9. How To Succeed In A World Of Challenges
10. Learning The Art Of Happiness And Success
11. Waking The Sleeping Giant Within
12. Discovering The Champion In You
13. Learning How To Overcome Obstacles & Set Backs
14. Finding The Courage To Be A Champion
15. Motivating Yourself To Be More Successful
16. Learning The 4 Keys - Dedication, Desire, Loyalty, And Commitment
17. The Art Of Successful Selling And Negotiating
18. I've Got The Power - Learn How To Capture It And Keep It
19. I Can Do Anything - Believe In Yourself And Soar High
20. Life Is Good - Learning To Make Everyday Count
21. Where Are You Headed - A Guide To Improving Your Life
22. Never Surrender To A Challenge
23. Ingredients Of Being A Winner
24. Goal Setting, Stress Reduction, And/Or Time Management
25. Personal Development Workshops For Maximum Achievement
26. Self Analysis And Profile – Are You Living To Your Potential
27. In Search Of A Better Tomorrow
28. Personal Empowerment
29. Finding Your Zone For Success
30. Total Fitness For The Mind And Body - The Ultimate Workout
31. Learning How To Be More Than You Have Ever Been
32. Your Hard Work Makes The Difference - Thank You
33. Team Work - Pulling Together For Success
34. Because Of You - We Are The Best
35. Learning To Live Again
36. Appreciating Your Occupation And Loving What You Do
37. Overcoming Burnout, Procrastination, And A Lack Of Desire
38. Pushing The Past Behind And Looking To The Future
39. Improving Your Self Esteem And Attitude

40. The Art Of Problem Solving
41. Welcoming Change And New Opportunities
42. Understanding Human Differences – Diversity In The 21st Century
43. Disability Awareness
44. Wellness Programs
45. Stopping The Violence - A Time For Peace
46. Drug And Alcohol Abuse - A Course In Failure
47. Discovering Your Strengths And Reducing Your Weaknesses
48. Legal Topic - Reducing Accident And Lawsuits In The Workplace Legal Topic
49. Legal Topic – Avoiding Common Lawsuits In Your Business And Profession
50. Today Is Your First Day Of Your Life - Go For It!

C. Sample of Doug Heir's presentations

1. Finding the strength within- you have the power