

PAT MC GILL SPEAKING TRAINING RESOURCES



Pat McGill is a high content speaker who presents programs in a motivational style and tone. Pat's programs are an investment in human capital.

Programs that Produce Positive Outcomes...

Who Am I? Who Are You? Who Are We Together?

Pat presents this highly requested program across the country to a variety of audiences. Pat's presentation is a weave of Human Relations, Motivating Principles, Social Psychology, Customer Service, Leadership, and Teambuilding. The program is energizing, interactive, educational, and entertaining with a blended learning approach to "who we are together."

Leadership & Teambuilding

As leaders we are called to "Be Salt!" Capture the leader in you – what distinguishes you as a leader? What are your strength-centered leadership skills? As a mover and shaker, you are called to be the "Salt of the Earth," but what exactly does that mean? Unflappable? Professional despite the odds? Pat offers strategies for recognizing and developing the "salt" in your leadership style for the work you do in the 21st century marketplace.

When Different is Good!

Pat McGill talks about the fact that we are all different from each other and how those differences can work to make a better and more interesting world for all of us. "Different is Good" takes a look at reframing diversity for improved organizational performance. "E Pluribus Maximus" (Greatness From Many) is the slogan for the 21st century and beyond. Our differences, both as a society and as organizations, make us stronger – multi-talented, resilient, flexible, and adaptable – all of the right characteristics for meeting the challenges of the future! "People want to be accepted and valued at work because of their differences, not in spite of them."

Pat McGill's Personal Development Programs have been creating productive work places for businesses all over the country.

"Today, I personally continue to draw on the lessons and knowledge that I received from Pat. Her style is utterly exceptional and well worth the city tax dollars. I honestly believe that Pat is a very gifted speaker with a great sense of humor."

*Theo McElhose MS, Human Resources Specialist
City of Sioux City, Iowa*

Her high content, fun programs bring value to an organization's most precious resource – their employees. She is a contributing author in "A Healthier You!" and a member of the National Speakers Association. Pat serves as an Adjunct Professor of Human Relations and is a professional speaker, trainer, and columnist.

Pat McGill works with organizations that want to create a more productive workplace where every employee is valued.

What Clients Have to Say...

"Pat has been a huge resource for the on going development of our team and has provided invaluable assistance with regard to building upon and improving our team cohesiveness."

*Steve Dusek, CEO
PrairieLand EDC*

"Thank you so much for the outstanding program "Who Am I? Who Are You? Who Are We Together?" Pat McGill makes people feel good and realize the positive in themselves and others. Our staff was impressed and want to have her back again."

*Janey Goodlaxson, BSN
Lakes Regional Healthcare*

"Pat McGill is a joyful, enlightening, and superb presenter. At a recent conference of oncology nurses, her audience rated her as excellent in all categories. In business or healthcare, her pearls of wisdom will give you the tools to help you through your most stressful experiences."

*Maryellen Brazzell,
Education Specialist
Mercy Medical Center*

"Pat is both educational and entertaining. She is one dynamic, funny, full-of-energy person who is passionate and knowledgeable about her messages."

*Jim Grove, CEO
Minnesota West Community
& Technical College*

"Pat has the legendary ability to appeal to a wide variety of learning styles and incorporates various methods of teaching into her presentation."

*Julie Carlson, Dean
Iowa Lakes Community College*

PAT MC GILL SPEAKING



TRAINING RESOURCES



Pat McGill is a dynamic communicator who can empower your organization for positive and practical change. Pat applies her wide range of expertise to every Speaking, Training, or Teaching assignment. Building vital teams among all kinds of people is Pat's forte. One popular approach of Pat's grows out of three simple questions: Who am I? Who are you? Who are we together? In addressing these questions or some other particular topic or

need, Pat can custom design a compelling speech or seminar to meet your organization's unique goals. She prides herself in diversity and enthusiastically serves a variety of businesses, institutions, and industries. Before Pat plans any workshop, speech, or seminar, she listens to you. She can deliver a keynote address or create a one to two-hour session, a half-day workshop, or a full-day seminar. She can focus on Team Building or prepare a program on a specific area such as Leadership, Motivation, Behavioral Styles, Change, share her well-known women's fund raiser called "Be Seated" along with "Holy Smokes," Pat's smoking cessation program. Along with managing her own communications business, Pat serves as an adjunct professor of Human Relations and Education classes. She currently holds a Master's Degree in Education from St. Mary's University of Minnesota, is a National Speakers Association member, and is a Blandin Community Leadership graduate. An active citizen, Pat has chaired many leadership positions in community, church, and educational associations. Pat combines wit and humor to captivate participants and listeners. Pat's "can do spirit" is infectious and can impact your organization.

Pat's "can do spirit" is infectious and can impact your organization.

What Women Attendees Have to Say..

"Her energy is catchy. Her life experiences enrich her speaking and help us understand how our differences are what make our relationships rich."

"Pat relates to every day experiences women have. Pat made me feel good. She has such a positive attitude."

"The evening was just what I needed! We laughed and she helped us understand ourselves."

"The program was exceptional! I would love to hear Pat again."

"I loved her session. She is very funny and her experiences were told in an upbeat and positive manner."

"I wished the session was twice as long!"

Programs that Produce Positive Outcomes...

"Pat gave a wonderful presentation at our CACFP Sponsor's Association annual conference. There were many comments regarding how attendees could apply the presentation to their daily work and personal life. Pat was practical, encouraging, uplifting, energizing, humorous and creative. As a keynote speaker, Pat is a great way to start a conference or seminar."

*Thora Cabill, Conference Chair
CACFP Sponsor's Association, Chicago, Illinois*

HOLY SMOKES!

As health care providers take the lead in creating smoke-free environments, more and more hard core smokers long to break the habit that costs them dollars and health. This seminar/presentation outlines the method of quitting that encompasses all aspects of nicotine addiction: the spiritual as well as the physical and mental. In this seminar, attendees will learn:

- Ways to conquer the physical addiction
- Tips for dealing with mental addiction
- Steps to spiritual wellness

Based on personal experience and delivered in a witty, nonjudgmental manner, this seminar/presentation will help participants embrace a healthy nonsmoking lifestyle. This seminar is especially suited for company wellness programs, hospitals, and insurance companies that want to help employees and clients quit smoking.

Customer Service: Remember Me?

"Regardless of your profession you have customers in one way or another. And our customers are the most important visitors on the premises – we depend on the customers. We aren't doing them a favor by serving them; they are doing us a favor by giving us the opportunity."

Be Seated *Designed for Fund-Raisers!*

A bit of chairology: chair-ity. A great presentation for fund-raising for non-profit organizations. Call Pat for ideas.

View From The Pew

Churches struggle against an increasingly secular world to spread the Gospel News. Based on wisdom gained through years of church work and church leadership, this seminar/presentation offers participants insights about:

- Spreading the Gospel message throughout all parts of the church – kitchen included
- Leadership development among younger parishioners
- Expanding the definition of church
- Change and how to adapt to it
- Behavior styles
- Respectful communication

By encouraging the Christian heart, this seminar prepares individuals to better understand that they are "all members of one body" (Corinthians 12) as they carry out their particular ministries within the congregation.