



Kent A. Rader

Kent Rader is a professional speaker and comedian entertaining people wanting to learn and experience how laughter matters in reducing stress.

Kent's recommendations produce genuine results like reduced stress, increased employee retention, improved creative problem solving skills, and better cooperation and collaboration within a team. He brings a unique perspective to today's stressful business world with twelve years experience as a Chief Financial Officer and Chief Executive Officer for hospitals and a five-year sentence in public accounting. This experience, combined with the trials and tribulations of more than twenty years of marriage and being a parent is why everyone can relate to Kent's clean comedy. Kent is perfect for your conference's opening or closing keynote or for any luncheon or banquet program.

"People ask, 'How do you go from being an accountant to being a professional speaker and comedian?' It's easy, if you're a bad accountant. Donald Trump wants to patent the expression, 'You're fired.' That's nuts because I heard it three times before I ever heard of Donald Trump. I had the same approach to accounting that my Grandpa Rader had to carpentry; 'Oh, that's close enough.'"

"Don't you hate when telemarketers ask stupid questions? Last week, the phone rang at the house, a telemarketer asked, 'Excuse me, sir, do you own your home?' I said, 'Lady, it's two o'clock on a Tuesday afternoon, that's a game show you hear in the background, what are the odds I've got a job?'"

In 1998 Kent left the exciting and rewarding field of accounting (according to the Devry commercials on daytime television) to become a professional speaker and comedian sharing with audiences across the

country how laughter matters in combating stress. In 2002 Kent wrote the stress reduction book titled *Let It Go, Just Let It Go*.

Today, Kent leads participants on a journey they won't want to end. It begins with Kent showing participants the origins of stressful feelings and how humor is a proven tool in combating these feelings. He offers practical ways to bring more humor into your life, along with stories guaranteed to make any audience laugh. These stories are from Kent's experience as an accountant, a parent and husband, the wit and wisdom of his grandma Rowan, and his own obsessive-compulsive tendencies.

One participant from Liberty (Missouri) Hospital may have said it best. "I laughed so hard my face hurt! Aren't we lucky Kent chose to leave accounting to develop this wonderful gift?"

"I can't begin to tell you how much I appreciated your presentation at our spring workshop. My phone is still ringing off the hook with people just singing your praises. Your stories kept us on the edge of our seats. On Monday, when I returned to my facility, I was asked in the morning department head meeting about my trip. I could honestly say, without hesitation, it was by far the best seminar I have ever attended. As a group, we were able to talk together, laugh together, and even cry together. I look forward to our paths crossing again."

- Debby Tilly,
Tennessee Dietary Managers' Association

"I personally enjoyed it very much because I felt as if I might be either at a professional conference or at the Funny Bone Comedy Club - you did a nice job of blending comedy with a motivational message."

Laurie Reinhart-Thompson,
Chairperson, Ohio HIMA



Kent's Programs Include:

▶ Laughter Matters:

Your audience will love this entertaining, yet informative keynote. Most industries are experiencing work force shortages that promise to only get worse. Recent surveys report more than half of our employees hate their job. The number one reason cited for both phenomenon is the stress associated with today's business environment. Kent takes participants on a journey they won't want to end. It begins with the origins of stress and why humor is a proven tool in combating stressful feelings. Kent offers practical ways to include more humor in your life, along with stories that are guaranteed to make your audience laugh and your meeting a success.

▶ Let It Go, Just Let It Go:

This half-day program offers all of the information included in the keynote Laughter Matters, along with other practical methods for dealing with emotional responses to situations that trigger stressful feelings. These include writing, compassion, family relationships, and remaining mindful.

"As always, you did a terrific job, as you'll see by the comments from those in attendance. It's a joy to be able to count on someone whom we know will give a terrific presentation! We hope you don't outgrow us, but at the rate you're going, I imagine you will."

-Linda Lubensky, Executive Director
Kansas Home Care Association

"Wow, what a success. As you can see from the evaluation results, our group loved you! Thank you for a fun and thought-provoking morning. Your message is straight from the heart: Take care of your employees and they'll take care of you. You sent us back to work with many ideas to ponder about honesty and integrity, about creating an open, caring environment, about creating shared goals for the future, and much more. I'll be looking forward to working with you more in the future."

-Gay Kimble, Director of Human Resources, Susan B. Allen Memorial Hospital,
El Dorado, KS

"You provided valuable insights and information, as well as some very comical examples on using humor to reduce stress. It was a great kick off to our two day meeting."

-Deb Saine, R.Ph.,
Dartmouth-Hitchcock Medical Center,
Lebanon, NH

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Organizations that have utilized Kent's programs

Keystone School Health Conference, Harrisburg, PA
Educational Wellness Conference, Medora, ND
Missouri Society of Human Resource Managers, MO
Texas Tech University School of Medicine, Amarillo, TX
Amarillo College School of Nursing, Amarillo, TX
San Francisco General Hospital, San Francisco, CA
Idaho Society of Human Resource Managers, ID
Oregon HFMA
Kansas Home Care Association, Lawrence, KS
Kansas Hospital Association, Topeka, KS
Oklahoma Association of Home Care, Oklahoma City, OK
Texas Association of Home Health Care, Dallas, TX
Idaho Home Health Care Association, Boise, ID
Oklahoma Medical Group Management Association
Indiana Academy of Family Physicians, Indianapolis, IN
H R Southwest Conference, Dallas, TX
All-Well Education Conference, San Marcos, TX
Minnesota Chamber of Commerce, Minneapolis, MN
Missouri Hospice Association, Kansas City, MO
New Hampshire Society of Health System Pharmacists
Barnes-Jewish-Children's Hospital, St. Louis, MO
New York Health Information Management, NY
Oklahoma Health Information Management Association
Washington State Hospital Association
Alabama HFMA
Arizona HFMA
Iowa Healthcare Association
Stanley Memorial Hospital, Albemarle, NC
Kansas Health Care Association
Louisiana Home Care Association
Arizona Academy of Family Physicians, Tucson, AZ